

Nutrition Facts

Serving Size

Servings Per Container 1

Amount Per Serving

Calories 262

% Daily Values*

Total Fat 3.5g	5%
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Saturated Fat 0.4g	2%
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Trans Fat 0g	
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Sodium 257mg	11%
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Total Carbohydrate 23.8g	8%
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Dietary Fiber 6.5g	26%
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Sugars 13.9g	
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Protein 29.1g	58%
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*Percent Daily Values are based on a 2,000 calorie diet.