

# Nutrition Facts

Serving Size

Servings Per Container 1

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**Amount Per Serving**

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**Calories** 294

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**% Daily Values\***

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<b>Total Fat</b> 2.5g	<b>4%</b>
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Saturated Fat 0.3g	<b>2%</b>
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Trans Fat 0g	
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<b>Cholesterol</b> 5mg	<b>2%</b>
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<b>Sodium</b> 432.9mg	<b>18%</b>
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<b>Total Carbohydrate</b> 33.6g	<b>11%</b>
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Dietary Fiber 7.1g	<b>28%</b>
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Sugars 6.2g	
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<b>Protein</b> 27.8g	<b>56%</b>
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\* Percent Daily Values are based on a 2,000 calorie diet.