

Nutrition Facts

Serving Size

Servings Per Container 1

Amount Per Serving

Calories 345

% Daily Values*

Total Fat 9.5g **15%**

Saturated Fat 4.6g **23%**

Trans Fat 0.2g

Cholesterol 53mg **18%**

Sodium 473.3mg **20%**

Total Carbohydrate 17.9g **6%**

Dietary Fiber 7.2g **29%**

Sugars 8.6g

Protein 39g **78%**

* Percent Daily Values are based on a 2,000 calorie diet.